

Inaugural Cathy Fischer 5K Run & 1Mile Walk

benefiting LLS/Leukemia & Lymphoma Society

From: Kathy Dugan, Co-race director, and “Coach” Dan Barnhart – Cathy’s partner of 35 years!

We are hoping you can assist us in promoting this Inaugural event, slated for Sunday, July 14th, 2024 - the 1-year anniversary of Cathy’s passing.

Catherine Fischer: May 28, 1953 – July 11, 2023.

Cathy fought a courageous 12-year battle with Lymphoma. From diagnosis, to treatment, to remission, to reoccurrence, to medical trials, to remission, to reoccurrence. . .

Our theme is taken right from the eulogy her sister Cindy wrote: **Be Like Cathy: Courageous, Kind, Humble.**

Cathy and Dan traveled extensively - running, hiking, XC skiing, followed a variety of music venues, and were fond patrons of the CIFF/Cleveland International Film Festival. Listed below are a few additional achievements.

Thank you in advance,
Kathy Dugan, 216-789-5436 dugan56@hotmail.com. Be sure to visit:
www.hermescleveland.com.

Did you know Cathy Fischer accomplished the following:

- Cathy put herself through college 1 class at a time, graduating from Baldwin Wallace University in 2000 with a BA in Business Administration.
- Cathy ran 19 marathons, winning her age group in several including Columbus, Nashville and Mt. Rushmore.
- Cathy hiked in 27 National Parks completing the “*Rim to Rim, Rim to Rim*” in the Grand Canyon, 3 different times. (40+ miles at elevation).
- Cathy hiked over 200 miles of the *Camino de Santiago* pilgrim route in Spain and Portugal.
- Cathy crafted 1,500 masks during the Covid 19 pandemic, distributing them to hospitals and therapists.
- Cathy was a caregiver to 2 elderly women in her neighborhood.
- Throughout Cathy’s medical journey she, along with family and friends, volunteered at Hermes Sports and Events who, in return, made donations to LLS / Leukemia & Lymphoma Society.



LEUKEMIA &
LYMPHOMA
SOCIETY

LIGHT
THE NIGHT